

The True Joy of Sex

God's Plan for Sexual Fulfillment in Marriage

1 Corinthians 7:1-5

Unlike what the world might think of Believers, we are not prudes or sexually dead.

Marriage is good for your sex life: A popular myth is that nothing kills sexual satisfaction better than marriage. Research shows just the opposite. Married individuals have more sex than their single counterparts and report greater levels of sexual satisfaction, concluded Edward Laumann after interviewing 3,500 American adults (The Social Organization of Sexuality, Univ. of Chicago Press, 1994). Individuals who are reporting the highest levels of sexual satisfaction are married and in their 50s-60s, reports leading sexologist David Schnarch. His conclusion is that sexual fulfillment is dependent upon the kind of emotional intimacy found in committed stable relationships (Constructing the Sexual Crucible, Norton, 1991).

Married people enjoy greater sexual fulfillment: Research shows that sexuality functions best within the confines of marriage and that married people are most likely to report they are "extremely" or "very satisfied" with the physical and emotional parts of their sex life."[8]

THE TRUE JOY OF SEX IS FOUND IN A FULFILLING MARRIAGE.

1 Cor 7:1-5

7:1 Now for the matters you wrote about: It is good for a man not to marry. 2 But since there is so much immorality, each man should have his own wife, and each woman her own husband. 3 The husband should fulfill his marital duty to his wife, and likewise the wife to her husband. 4 The wife's body does not belong to her alone but also to her husband. In the same way, the husband's body does not belong to him alone but also to his wife. 5 Do not deprive each other except by mutual consent and for a time, so that you may devote yourselves to prayer. Then come together again so that Satan will not tempt you because of your lack of self-control.

I. Get married.

7:1 Now for the matters you wrote about: It is good for a man not to marry. 2 But since there is so much immorality, each man should have his own wife, and each woman her own husband.

Marriage is meant to satisfy the Sex Drive
In marriage we will find the answer to sexually immorality

II. Married partners should fulfill the sexual duties.

3 The husband should fulfill his marital duty to his wife, and likewise the wife to her husband. 4 The wife's body does not belong to her alone but also to her husband. In the same way, the husband's body does not belong to him alone but also to his wife.

Fulfilling sex in marriage is God's answer to immorality.

Not only is marriage a delight, it is also a duty
Moral responsibility that arises from ones position
The duty belongs to the responder not the initiator.

Initiator may be approach sex out of the delight.

Sometimes the responder may be responding out of duty.

Sexual Drives are to be fulfilled in marriage and it is the spouse's duty to meet that need.

Understanding that it is a mutual fulfillment, the actions of both partners should satisfy the sexual needs of the partner in such a way that they are both satisfied.

God *is* concerned about your love for each other. He wants husbands and wives, to be kind to each other, patient, respectful and unselfish. Ultimate love is pure in motive and action. Follow that goal, and you are not likely to go wrong.

III. We concede the rights of our body to our spouse.

4 The wife's body does not belong to her alone but also to her husband. In the same way, the husband's body does not belong to him alone but also to his wife.

A Husband has the right to the pleasure of his wife's body.

A Wife has a right to the pleasure of her Husband's body.

- In any circumstance in which a person is denied their rights, relationships suffer.
- In a marriage when a man or woman is denied their rights the relationship suffers greatly.

IV. Therefore a husband and wife are not to deprive each other.

5 Do not deprive each . . . so that Satan will not tempt you because of your lack of self-control.

--Command

--Breaking it is a sin.

--It may lead to other sins

V. It is okay to deny sex in only a few circumstances.

5 Do not deprive each other except by mutual consent and for a time, so that you may devote yourselves to prayer. Then come together again so that Satan will not tempt you because of your lack of self-control.

A. When you both agree

B. When you both agree to delay it for a specific time

C. When you are devoting yourself to a spiritual retreat.

Gen 18:11-14

11 Abraham and Sarah were already old and well advanced in years, and Sarah was past the age of childbearing. 12 So Sarah laughed to herself as she thought, "After I am worn out and my master is old, will I now have this pleasure?"

13 Then the LORD said to Abraham, "Why did Sarah laugh and say, 'Will I really have a child, now that I am old?' 14 Is anything too hard for the LORD? I will return to you at the appointed time next year and Sarah will have a son."

NIV

Gen 21:1-3

21:1 Now the LORD was gracious to Sarah as he had said, and the LORD did for Sarah what he had promised. 2 Sarah became pregnant and bore a son to Abraham in his old age, at the very time God had promised him.

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Gen 21:5

5 Abraham was a hundred years old when his son Isaac was born to him.

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